



Tiger's Grading Syllabus

1. White Belt, 1 Red Tab

Yoi (Ready Stance)
Rising Forearm Block
Straignt Punch
Lower Front Snap Kick
Bow twice at the door upon entry

2. White Belt, 2 Red Tabs

Kyotske (Attention Stance)
Inside Forearm Block
Double Punching
Front Snap Kick to the Solar Plexus
Bow once at the door when leaving

3. White Belt, 3 Red Tabs

Naihanchi Dachi (Horse Stance)
Outside Forearm Block
Double Block
Front Snap Kick to the Head
1 Kobukan School Rule

4. Yellow Belt, 1 Red Tab

Seisan (Forward Leaning Stance)
Lower Parry
Reverse Punch
2 Star Punching
Yoko Geri (Side Thrust Kick)

5. Yellow Belt, 2 Red Tabs

Seiza (Kneeling)
Outside Forearm Block, Backfist
3 Star Punching
Front Snap Kick/Side Thrust Kick Combo
2 Kobukan School Rules

6. Yellow Belt, 3 Red Tabs

Neko Ashi (Cat Stance)
Tiger's Mouth (Double Punch)
4 Star Punching
Roundhouse Kick
3 Kobukan School Rules